

22-23 November K-8		BUFFALO BOARD OF EDUCATION		10/13
		Bolded Items YOU order from US Foods		
MEATLESS MONDAY	TUESDAY	WEDNESDAY	NY THURSDAY	FRIDAY
	Breaded Chicken Breast	NY Hot Dog on Bun	Bflo Chix Wing Dipw/NYDairy	Chicken Tenders/
fresh veg choice	Waffles/ Syrup	w/ Cheesesauce/ Tater Tots	Seas.Rice/ Tostitos	Curly Fries/ #2775526 blueberry brd
cucumbers, broccoli	NY Veggies	NY Kale Salad/NY Pears	Celery/Carrot Stix/Ranch cu	Corn USDA
celery, carrots, cauliflow	Fresh/ Canned Fruit	Fresh/ Canned Fruit	Fresh/ Canned Fruit	Fresh/ Canned Fruit
hummus/ beans 2x week	1/2 pt. Low/Nonfat Milk 1	1/2 pt. Low/Nonfat Milk 2	1/2 pt. Low/Nonfat Milk 3	1/2 pt. Low/Nonfat Milk 4
egg bite/yogurt/ Pancakes/Syrup		Pizza Crunchers	Sloppy Joe on Bun	
cinn pita chips/Red Rst Potatoes		Sweet Potato Fries	Macaroni & Cheese	
Fresh Orange Slices	No School	Veg Stix/ Ranch Dip	NY Garden Salad/NY Juice	No School
Fresh/ Canned Fruit		Fresh/ Canned Fruit	Fresh/ Canned Fruit	
1/2 pt. Low/Nonfat Milk 7		1/2 pt. Low/Nonfat Milk 9	1/2 pt. Low/Nonfat Milk 10	
Fiesta Rice & Bean Bowl	Chicken Nuggets	Pizza Pockets 2 each	NY Meatballs/Sub Roll	Fish Sticks/ banana brd 3681270
Green Beans	Sweet Potato Fries	NY Carrots	Spag Sauce/Shrd Mozz	NY Potato Wedges
Tostitos	NY Coleslaw/Dinner Roll	Pretzels/Cheesesauce	NY Garden Salad/ NY Slushy	NY Peas & Carrots
Fresh/ Canned Fruit	Fresh/ Canned Fruit	Fresh/ Canned Fruit	Fresh/ Canned Fruit	Fresh/ Canned Fruit
1/2 pt. Low/Nonfat Milk 14	1/2 pt. Low/Nonfat Milk 15	1/2 pt. Low/Nonfat Milk 16	1/2 pt. Low/Nonfat Milk 17	1/2 pt. Low/Nonfat Milk 18
Big Daddy Pizza	Turkey in Gravy/ Corn Bread	Breaded Chicken Leg		
Green Beans	Mashed Potatoes	Waffles/Syrup		
Grandma's Cookies	NY Corn/NY Brussel Sprouts	Broccoli w/Cheesesauce	No School	No School
Fresh/ Canned Fruit	Fresh/ Canned Fruit	Fresh/ Canned Fruit		
1/2 pt. Low/Nonfat Milk 21	1/2 pt. Low/Nonfat Milk 22	1/2 pt. Low/Nonfat Milk 23		
Veggie Chili #130		French Toast/ Turkey Sausag	Meatloaf w/ Gravy on Bun	Bflo Chix Wing Dipw/NYDairy
Seasoned Rice/Tostitos	Chef's Choice	Red Roasted Potatoes	NY Vegetable	Seas.Rice/ Tostitos
Veg Stix w/ Ranch Dip		NY Mars Grapes/cinn pita chips	NY Pears	NY Garden Salad
Fresh/ Canned Fruit	Fresh/ Canned Fruit	Fresh/ Canned Fruit	Fresh/ Canned Fruit	Fresh/ Canned Fruit
1/2 pt. Low/Nonfat Milk 28	1/2 pt. Low/Nonfat Milk 29	1/2 pt. Low/Nonfat Milk 30	1/2 pt. Low/Nonfat Milk 1	1/2 pt. Low/Nonfat Milk 2